

Faculty/Staff as a Helping Resource for College Students

Crisis Intervention

Counseling and Wellness offers same day appointments for students who may be experiencing severe emotional distress and who are in life-threatening / life altering situations. The student or anyone referring a student may request a crisis appointment by calling 423-0047, 423-0141, or 423-0260. Sometimes it is helpful to offer to accompany a distressed student to his/her initial appointment. For after-hours, weekends, or holidays crisis intervention, call 9-454-0999 if on campus or 999 if off campus or visit the nearest hospital emergency room.

Confidentiality

Counseling sessions are confidential. Information cannot be released to anyone unless authorized by the student or mandated by law. Counseling and Wellness can not contact you to let you know the student kept or did not keep a counseling appointment. If you want to know that a student followed through and attended counseling, you may want to suggest that he/she return to let you know how it went.

Office hours are Sunday through Thursday from 7:30am- 4:30pm. Appointments are available between 7:30am and 3:30pm



Counseling & Wellness Program - www.qatar.tamu.edu

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