

Faculty/Staff as a Helping Resource for College Students

When to Make a Referral

- A student is experiencing a personal crisis (relationship problems, family problems, etc.)
- A student appears under emotional stress, or turmoil, or is unusually withdrawn.
- A student is achieving less than indicated abilities would predict.
- A student seems to have little direction or purpose, seems to be just going through the motions of the college experience, or is apathetic about his/her college work.
- A student frequently exhibits attention-getting behavior, disruptive behavior, or other unusual behaviors.
- A student is uncertain about his/her major.
- A student appears to be performing poorly due to possible test anxiety.
- A student appears to be performing poorly due to a learning disability.
- A student who normally attends class regularly suddenly begins missing classes.
- A student makes references to suicide or wishing to be dead or expresses a wish to harm others.

Confidentiality

Counseling sessions are confidential. Information cannot be released to anyone unless authorized by the student or mandated by law. Counseling and Wellness can not contact you to let you know the student kept or did not keep a counseling appointment. If you want to know that a student followed through and attended counseling, you may want to suggest that he/she return to let you know how it went.

Office hours are Sunday through Thursday from 7:30am- 4:30pm. Appointments are available between 7:30am and 3:30pm