

Texas A&M University at Qatar Student Affairs Wellness Program Weekly Schedule

	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
6:00 Am							
7:00 Am							
8:00 Am							
9:00 Am							
10:00 Am							
11:00 Am							
12:00 Pm							
1:00 Pm							
2:00 Pm							
3:00 Pm							
4:00 Pm							
5:00 Pm							
6:00 Pm							
7:00 Pm							
8:00 Pm							
9:00 Pm							
10:00 Pm							
11:00 Pm							
12:00 Pm							
1:00 Am							