

## **TAMUQ Employee Assistant Program (EAP)**

TAMUQ has an active Employee Assistance Program (EAP) for all of its employees. The purpose of the EAP is to provide a safe, confidential process for employees and their dependents to access counseling and mental health services and support whenever they need to. We recognize that employment and service here in Qatar can be very stressful and difficult for employees and families, and we offer this service free of charge.

Dr. Victoria Henson is our EAP contact person and TAMUQ employees are free to contact her at any time the need arises. When you contact her, she will make an appointment to see you or your family member as soon as possible. She and the EAP process are very effective at maintaining client confidentiality.

EPA Contacts:

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